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For Immediate Release

## Farmer's Market Foods Offers Free Recipe Collection With a Twist

*'Above and Beyond' includes inspired recipes that surpass the expected*

(CORVALLIS, OR, September 27, 2007) – Farmer's Market announced today that it is offering consumers a free recipe booklet filled with a variety of recipes made from its line of delicious organic products: Farmer's Market Organic Pumpkin, Organic Pumpkin Pie, Organic Sweet Potato Puree and Organic Butternut Squash.

The booklet, "Above and Beyond, is a collection creative and inspired recipes that surpass the expected, such as a *Deep Dish Butternut Squash Casserole With Maple Ginger Crust; Different Twist Pork Stew; and Chili, Pumpkin Style.*

Anyone interested in receiving the Farmer's Market "Above and Beyond" Recipe Collection should send an email to [aboveandbeyond@farmersmarketfoods.com](mailto:aboveandbeyond@farmersmarketfoods.com). In the subject line, type "Above and Beyond Recipe Collection," and include your name and address in the body of the message. Or, mail a letter or postcard with your name and address to: Above and Beyond Recipe Collection, Farmer's Market Foods, PO Box 817, Corvallis, OR 97339-0817.

"This is the first of what we hope will be many collections of delicious recipes made with our rich and delicious organic products," says Tracy Miedema, Vice President of Marketing and Sales for Farmer's Market Foods. "'Above and Beyond' includes recipes with a bit of a twist that will find at-home cooks using pumpkin, butternut squash and sweet potato puree in ways they may have never dreamed," she adds.

**(More)**

Farmer's Market Organic Pumpkin, Pumpkin Pie, Sweet Potato Puree and Butternut Squash can be found at natural food stores and select supermarkets throughout the country for about \$2.29 a can, and on Amazon.com by the case.

Farmer's Market Foods, headquartered in Corvallis, OR, manufactures and distributes a line of certified organic canned vegetable and fruit products, all of which are allergen, wheat and gluten free. Farmer's Market Foods is wholly owned by [Stahlbush Island Farms, Inc.](#), which also markets [sustainable frozen fruits and vegetables](#) under the Stahlbush Island Farms brand. Both Farmer's Market Foods and Stahlbush Island Farms brands can be found at natural foods stores and select supermarkets throughout the United States.

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\*Butternut Squash is listed as a superfood in *SuperFoods, Fourteen Foods That Will Change Your Life* by Steven Pratt, M.D., and Kathy Matthews

9/11/07